

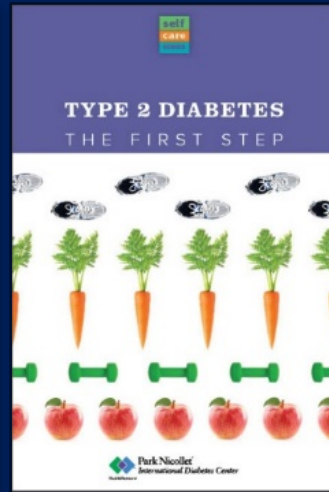
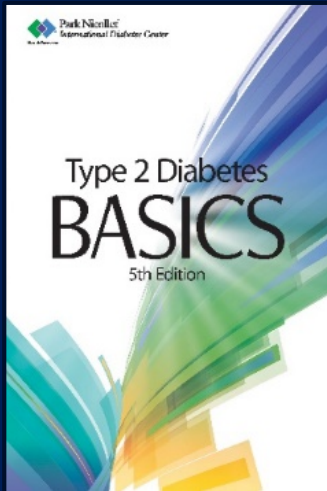
# International Diabetes Center

- The IDC provides world-class diabetes care, education and clinical research to meet the needs of people with diabetes, their families and the health care professionals who care for them
- Our evidence-based, clinically tested publications provide a wide range of resources for your diabetes education needs



# Patient Education Materials for Type 2

- Type 2 Diabetes BASICS
- Type 2 Diabetes: The First Step



## Noninsulin injectable diabetes medications

Noninsulin injectable diabetes medications keep your glucose level from going too high by:

- ◆ Causing your pancreas to make more insulin.
- ◆ Slowing down how quickly food leaves your stomach.
- ◆ Keeping your liver from making too much glucose.

These medications also make you feel less hungry. Most people who take these medications lose a modest amount of weight.

When you first start taking this medication, you may have nausea. This side effect usually goes away after a few weeks of taking the medication.

The table on the next page shows a typical dosing schedule. Your care team may give you different dosing.

# Link to IDC Publishing Website

**Park Nicollet**  
International Diabetes Center

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**INTERNATIONAL DIABETES CENTER PUBLISHING**

Helping you support patient care and education with practical, evidence-based resources. International Diabetes Center provides world-class diabetes care, education and clinical research to meet the needs of people with diabetes, their families and the health professionals who care for them.

**New My Food Plan editions now available!**

My Food Plan  
for Gestational Diabetes

My Food Plan  
for Gestational Diabetes

Mi Plan Alimentario  
para la diabetes gestacional

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