

Frequently Asked Questions about COVID-19 (Corona Virus)

*A Patient Resource**

What is COVID-19?

COVID-19 is caused by a virus that produces infection in the respiratory tract (lungs, throat, nose) of infected people.

What are the symptoms of COVID-19?

Symptoms can be mild to severe and may include:

- Fever
- Cough
- Shortness of breath

These symptoms may appear from 2 to as many as 14 days after exposure to the SARS-CoV- 2 virus, which causes COVID-19.

How does COVID-19 spread?

COVID-19 spreads from person-to-person through respiratory secretions and droplets.

What can I do to protect myself from getting COVID-19?

- Avoid close contact with sick people when possible
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer that is at least 60% alcohol
- Avoid touching your mouth, nose, and eyes with unwashed hands
- You do NOT need to wear a face mask

What should I do if I think I have an infection with COVID-19?

- Call ahead before going to the doctor's office or emergency department, if possible
- Tell them about your travel/contact with sick people/symptoms before you go
- Stay home except to get medical care
- Stay in one room, away from others who live with you
- Wear a facemask to protect others
- When you cough or sneeze, use a tissue and discard it immediately
- If you don't have a tissue, cough or sneeze into a flexed elbow – never into your hand
- Wash your hands as described above
- Do not share personal household items
- If you feel worse, seek medical care (call first)

What is the treatment for COVID-19?

- There is no specific treatment
- Take medication to relieve symptoms
- Call your doctor or call the emergency department if you feel short of breath

**This report is for you to use when talking with your healthcare provider. It is not a substitute for medical advice and treatment.*